**Cardiff Learning Disability Health Team Occupational Therapy Service**

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| **Activity** | S1: Water Play | **Level** | Sensory, exploration |
| **keywords** | 1:1, Social, Fun, Textures, Relaxing, Tactile, Contact | | |
| **Links to** | P1: Washing up HOH. I1: Washing up FULL | | |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| YOU WILL NEED | | | | | |
| wash up bowl.jpg | balloons.jpg | bottle.jpg | funnel.jpg | jug.jpg | sponge.jpg |
| BOWL | BALLOON | BOTTLE | FUNNEL | JUG | SPONGE |
| collander.jpg | whisk.jpg | bath foam.jpg | towel.jpg | apron.jpg | plastic balls.jpg |
| COLLANDER | WHISK | BATH FOAM | TOWEL x 2 | APRON x 2 | BALLS |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| ACTIVITY FLOW (10 -20 minutes) | | | | | | | |
| apron on.jpg | wheelchair apron.jpg | download.png | towel.jpg | download.png | IMG_0581.PNG | download.png | f2f.png |
| Put on aprons | | Towel on table | Warm water | Face to Face |
| IMG_0582.PNG | | download.png | IMG_0583.PNG | download.png | IMG_0584.PNG | download.png | IMG_0585.PNG |
| Touch water | | Seive | Pour | Crunch bottle |
| IMG_0588.PNG | | download.png | IMG_0589.PNG | download.png | IMG_0590.PNG | download.png | IMG_0592.PNG |
| Water Balloon | | Bob balls | Add Bubbles | Whisk |
| IMG_0593.PNG | | download.png | IMG_0595.PNG | download.png | IMG_0596.PNG | download.png | IMG_0597.PNG |
| Feel | | Massage | Relax | Dry hands |