**Cardiff Learning Disability Health Team Occupational Therapy Service**

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** | Salt Dough Models | **Level** |  |
| **keywords** | Activity, creative, touch | | |
| **Links to** |  | | |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| YOU WILL NEED | | | | | |
| flour.jpg | salt.jpg | bowl.jpg | water.jpg | rolling pin.jpg | cutters.jpg |
| Flour | Salt | Bowl | Water | Rolling pin | Shape cutters |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ACTIVITY FLOW (10 -20 minutes) | | | | | | |
| IMG-0689.PNG | download.png | IMG-0690.PNG | download.png | SALT CUP.jpg | download.png | IMG-0690.PNG |
| 2 CUPS OF FLOUR | ADD TO BOWL | 1 CUP OF SALT | ADD TO BOWL |
| IMG-0693.PNG | download.png | IMG-0694.PNG | download.png | IMG-0696.PNG | download.png | IMG-0697.PNG |
| ADD WATER | MIX | MAKE A BALL | ROLL OUT |
| IMG-0698.PNG | download.png | IMG-0700.PNG | download.png | OVEN TEMP.jpg | download.png | IMG-0686.PNG |
| CUT YOUR SHAPE | MAKE YOUR PATTERN | BAKE AT 150C | 4 HOURS |